Butter Chicken

Serves 6

Ingredients:

2 ½ pounds boneless chicken thighs 4 tablespoons ground almonds

2 tablespoons vegetable oil 1 8-ounce can whole peeled

8 tablespoons butter tomatoes (or 3 medium tomatoes

1 medium onion finely chopped diced)

½ teaspoon cinnamon 2 tablespoon tomato paste

2 teaspoon crushed garlic 1 cup plain yogurt

2 teaspoon crushed ginger 4 tablespoons fresh coriander or

1 teaspoon ground turmeric fresh spinach

1 teaspoon chili powder salt

3 teaspoons garma masala pepper

- 1. Cut up chicken into 3/4" cubes. Season with salt and pepper.
- 2. Heat vegetable oil until shimmering or smoking in a frying pan over medium high heat.
- 3. Fry chicken in vegetable oil until starting to turn golden brown (5 1/2 minutes).
- 4. Remove chicken from frying pan & drain.
- 5. Melt butter in frying pan.
- 6. Lightly fry the onion with the cinnamon, ginger, turmeric, chili powder & garma masala, stirring them together well.
- 7. Add almonds, tomatoes, tomato paste and yogurt, in order to the frying pan. Stir well.
- 8. Bring to a boil and cook for 4-5 minutes.
- 9. Add salt to taste.
- 10. Add the chicken and cook for an additional 5 minutes.
- 11. Add coriander or spinach and stir.
- 12. Serve while steaming hot over rice.